

Dakota XII Conference Track & Field Meet

May 14th, 2015 at Madison High School



Beresford/Canton/Dakota Valley/Dell Rapids/Elk Pt Jefferson/Lennox
Madison/SF Christian/Tea Area/Tri Valley/Vermillion/West Central

Field Events (Best in last flight – 9 to finals)

2:30	4:00	5:30	6:30
Girls Shot Put	Girls Discus	Boys Triple Jump	Girls Triple Jump
Girls High Jump	Boys Shot Put		
Boys Long Jump	Girls Long Jump		
Boys Discus	Boys High Jump		
Girls Pole Vault	Boys Pole Vault		

Running Events: (times are approximate, will run ahead of schedule if possible)

- 3:30** Girls 4 X 800 Meter Relay (1 Heat – Top 4 teams Seeded lanes 4 thru 1 / lanes 5 thru 8 two teams per lane)
- 3:40** Boys 4 X 800 Meter Relay (1 Heat – Top 4 teams Seeded lanes 4 thru 1 / lanes 5 thru 8 two teams per lane)
- 3:50** Girls 100 Meter Hurdles
- 4:00** Boys 110 Meter Hurdles
- 4:10** Girls 100 Meter Dash
- 4:15** Boys 100 Meter Dash
- 4:25** Girls 4 X 200 Meter Relay (2 Heats – Seed Top 8 2nd Heat)
- 4:30** Boys 4 X 200 Meter Relay (2 Heats – Seed Top 8 2nd Heat)
- 4:35** Girls 1600 Meter Run
- 4:45** Boys 1600 Meter Run
- 5:00** Girls 4 X 100 Meter Relay (2 Heats – Seed Top 8 2nd Heat)
- 5:15** Boys 4 X 100 Meter Relay (2 Heats – Seed Top 8 2nd Heat)
- 5:30** Girls 400 Meter Dash
- 5:45** Boys 400 Meter Dash
- 6:00** Girls 300 Meter Hurdles
- 6:15** Boys 300 Meter Hurdles
- 6:30** Girls Medley Relay (2 Heats – Seed Top 8 2nd Heat)
- 6:45** Boys Medley Relay (2 Heats – Seed Top 8 2nd Heat)
- 7:00** Girls 800 Meter Run (3 Heats – Seed Top 8 2nd Heat)
- 7:15** Boys 800 Meter Run (3 Heats – Seed Top 8 2nd Heat)
- 7:30** Girls 200 Meter Dash
- 7:45** Boys 200 Meter Dash
- 8:00** Girls 3200 Meter Run
- 8:15** Boys 3200 Meter Run
- 8:30** Girls 4 X 400 Meter Relay (2 Heats – Seed Top 8 2nd Heat)
- 8:45** Boys 4 X 400 Meter Relay (2 Heats – Seed Top 8 2nd Heat)